

References

- Briefel, R.R., M.A. McDowell, K. Alaimo, C.R. Caughman, A.L. Bischo, M.D. Carroll, and C.L. Johnson. "Total Energy Intake of the U.S. Population: The Third National Health and Nutrition Examination Survey, 1988-91." *Am. J. Clin. Nutrition*, Vol. 62: 1972S-80S. 1995.
- Bunch, K., and L. Hall. *Factors Affecting Nutrient Consumption*. Agricultural Economic Research Report No. 22, Cornell University, Ithaca, N.Y. 1983.
- Burghardt, J., A. Gordon, N. Chapman, P. Gleason, and T. Fraker. *The School Nutrition Dietary Assessment: School Food Service, Meals Offered, and Dietary Intakes*. Submitted by Mathematica Policy Research Inc. to U.S. Department of Agriculture. Oct. 1993.
- Dietz, W., and S. Gortmaker. "Do We Fatten Our Children at the Television Set? Obesity and Television Viewing in Children and Adolescents." *Pediatrics*, Vol. 75:807-812. 1985.
- Guenther, P., and C. Chandler. "Nutrients in Foods at Home and Away." Pp. 508-516 in Proceedings of the 1981 Agricultural Outlook Conference, Session #29, November 17-20, 1980. U.S. Department of Agriculture, Washington D.C.
- Interagency Board for Nutrition Monitoring and Related Research. *Third Report on Nutrition Monitoring in the United States*. U.S. Government Printing Office, Washington, DC. Dec. 1995.
- Kennedy, E., and J. Goldberg. *Review of What American Children are Eating*. Center for Nutrition Policy and Promotion, U.S. Department of Agriculture, March 1995.
- McPherson, R.S., D.H. Montgomery, and M.Z. Michaman. "Nutritional Status of Children: What Do We Know." *J. Nutritional Education*, Vol. 27:225-34, Oct. 1995.
- Mertz, W., J. Tsui, J. Judd, S. Reiser, J. Hallfrisch, E. Morris, P. Steele, and E. Lashley. "What are People Really Eating? The Relation Between Energy Intake Derived from Estimated Diet Records and Intake Determined to Maintain Body Weight." *American Journal of Clinical Nutrition*, Vol. 54:291-95. 1991.
- National Institutes of Health. "Optimal Calcium Intakes," *NIH Consensus Statement*, Vol. 12, pp. 1-31. 1994.
- National Research Council. *Recommended Dietary Allowances*. 10th edition. Washington, DC: National Academy of Sciences. 1990.
- Parseghian, P. "Diners Talk Healthy—But Eat Traditionally," *Restaurant News*, p. 7, Oct. 19, 1992.
- Putnam, J., and J. Allshouse. *Food Consumption, Prices, and Expenditures, 1996*, U.S. Department of Agriculture, Economic Research Service, SB-928, April 1996.
- Troiano, R.P., K.M. Flegal, R.J. Kuczmarski, S.M. Campbell, and C.L. Johnson. "Overweight Prevalence and Trends for Children and Adolescents: The National Health and Nutrition Examination Surveys, 1963 to 1991." *Archives of Pediatrics and Adolescent Medicine*. Vol. 149, pp. 1085-1091, Oct. 1995.
- U.S. Department of Agriculture and U.S. Department of Health and Human Services. *Nutrition and Your Health: Dietary Guidelines for Americans*. Fourth edition, U.S. Department of Agriculture Home and Garden Bulletin No. 232. 1995.
- U.S. Department of Health and Human Services. *Healthy People 2000: National Health Promotion and Disease Prevention Objectives*. U.S. Department of Health and Human Services Pub. No. (PHS) 91-50212. Washington, DC. 1989.
- U.S. Department of Health and Human Services. *The Surgeon General's Report on Nutrition and Health*. U.S. Department of Health and Human Services Pub. No. (PHS) 88-50210. Washington, DC. 1988.
- U.S. Department of Health and Human Services and U.S. Department of Agriculture. *Nutrition Monitoring in the United States--A Progress Report from the Joint Nutrition Monitoring Evaluation Committee*, U.S. Department of Health and Human Services Pub. No. (PHS) 86-1255. Washington, DC. 1986.
- U.S. Department of Health and Human Services and U.S. Department of Agriculture. *Nutrition Monitoring in the United States. An Update Report on Nutrition Monitoring*, USDHHS Pub. No. (PHS) 89-1255. Washington, DC. 1989.
- Williams, C.L. "Importance of Dietary Fiber in Childhood." *J. American Dietetic Assoc.*, Vol. 95:1140-49. Oct. 1995.